

Luxurious Body Butter

yields 34 fl oz or 4.25 8 fl oz jars

Melt gently over hot water in 2.5 qt bowl

1 cup of shea butter (8 oz)

1/2 coconut oil (3.5 oz)

Allow to cool for 20 min in fridge

In a small bowl mix with a fork until smooth:

1/4 C sweet almond oil

1/2 T (7.5 ml) 100% lavender essential oil

1 T arrowroot powder

2.1g vitamin E

Begin to whip up melted butters and When whipping add the 2d step drizzling as the cream is whipping on high.

Whip approx 30-45 minutes to stiff peaks. Pour directly into prepared containers.

Store climate controlled. Yes it will melt if put in hot car or stored in sun.

Shelf life can be 1 year.

Luxurious Body Butter recipe courtesy of Fair Winds Lavender,
Jamestown, TN

